## **IRO Certificate #4599**

## NOTICE OF INDEPENDENT REVIEW DECISION

August 25, 2003

Re: IRO Case # M2-03-1266
Texas Worker's Compensation Commission:
has been certified as an independent review organization (IRO) and has been authorized to perform independent reviews of medical necessity for the Texas Worker's Compensation Commission (TWCC). Texas HB. 2600, Rule133.308 effective January 1, 2002, allows a claimant or provider who has received an adverse medical necessity determination from a carrier's internal process, to request an independent review by an IRO.
In accordance with the requirement that TWCC assign cases to certified IROs, TWCC assigned this case to for an independent review has performed an independent review of the proposed care to determine if the adverse determination was appropriate. For that purpose, received relevant medical records, any documents obtained from parties in making the adverse determination, and any other documents and/or written information submitted in support of the appeal.
The case was reviewed by a Doctor of Chiropractic who is licensed by the State of Texas. He or she has signed a certification statement attesting that no known conflicts of interest exist between him or her and any of the treating physicians or providers, or any of the physicians or providers who reviewed the case for a determination prior to referral to for independent review. In addition, the certification statement further attests that the review was performed without bias for or against the carrier, medical provider, or any other party to this case.
The determination of the reviewer who reviewed this case, based on the medical records provided, is as follows:
History The patient injured his lower back on while lifting a dolly. He received treatment form his family doctor, ESIs, one nerve block, physical therapy, MRI, CT scan, EMG and Myelogram. He then presented to the treating doctor.
Requested Service(s) Purchase of Interferential Muscle Stimulator

I agree with the carrier's decision to deny the requested treatment.

## Rationale

The reports presented of the trial with a stimulator show no lasting relief of symptoms after usage of the unit. It appears from the records that the patient only gets temporary relief of his symptoms and "does not realize pain as much during use." The patient states that he is in pain all the time, even with pain medications. He states that he has muscle spasms all the time, and he experienced a decrease in muscle size and strength even with its usage. Thus, the documentation provided failed to show any subjective relief of symptoms or functional improvement.

This medical necessity decision by an Independent Review Organization is deemed to be a Commission decision and order.

## YOUR RIGHT TO REQUEST A HEARING

Either party to medical dispute may disagree with all or part of the decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision, a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within 10 (ten) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5(c)).

**If disputing other prospective medical necessity (preauthorization) decisions**, a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) calendar days of your receipt of this decision (28 Tex. Admin. Code 142.5(c)).

This decision is deemed received by you 5 (five) days after it was mailed or the date of fax (28 Tex. Admin. Code 102.5(d)). A request for a hearing and a **copy of this decision** must be sent to:

Chief Clerk of Proceedings / Appeals Clerk P.O. Box 17787 Austin, Texas 78744

Fax: 512-804-4011

The party appealing this decision shall deliver a copy of its written request for a hearing to other party involved in this dispute.

Sincerely,